## Fair Trade Shea Butter

Thanks for purchasing one of our shea butter products! We use unrefined, certified Fair Trade shea butter (sometimes referred to as karite, or karite butter) imported from Togo, Africa. The butter is completely natural and hand-processed by the Togolese women without the use of any chemicals. They harvest wild shea nuts and extract the nut butter using age-old traditional processing methods. The women hand-process the shea in small batches, producing a very high-quality shea butter. It is not bleached, subjected to high temperatures, or solvent-treated, as many "refined" shea butters are. Purchasing this FAIR TRADE shea butter means you are contributing to the economic, environmental, and social well-being of communities in Togo. We are proud to support our shea butter suppliers, and pass along their excellent product to you!

Shea butter Is an all-natural product, and may, over time, become slightly grainy or "bumpy". This is completely natural and does NOT affect the quality of the product. Simply rub into skin as usual and the "grains" will dissolve.

21 Reasons to use Shea Butter from the American Shea Butter Institute "Shea Butter is the Skin's Best Friend".

- 1 Dry skin
- 2 Skin rashes
- 3 Skin peeling, after tanning
- 4 Blemishes and wrinkles
- 5 Itching skin
- 6 Sunburn
- 7 As shaving cream, for a smooth, silky shave
- 8 Small skin wounds
- 9 Skin cracks
- 10 Tough or rough skin on feet
- 11 Cold weather

- 12 Frostbite
- 13 Prevention of stretch marks in pregnancy
- 14 Insect bites
- 15 For healthy skin
- 16 Muscle fatigue, aches and tension
- 17 Before and after strenuous exercise
- 18 Skin allergies like poison ivy and poison oak
- 19 Eczema
- 20 Dermatitis
- 21 Skin damage from heat (hot grease while cooking, radiation treatment for certain medical conditions, etc.)

The information provided here is not intended to constitute professional medical advice for treatment. We encourage you to consult your personal physician with any questions you may have regarding a medical condition.

To see pictures of the shea butter producers, learn how shea is processed, and read more about Fair Trade practices and principles, we encourage you to visit our supplier's website at http://www.agbangakarite.com

For more information, please visit our website at http://prairielandherbs.com. If you have any questions, please don't hesitate to email us at shop@prairielandherbs.com or call us at 515-809-7022.